

Section 1 – Personal Information

| | | | | | |
|------------------------------------|--|--------------|-------------|----------------------------|-------------|
| Last Name | | First Name | | Date of Birth - YYYY/MM/DD | |
| Phone - Home | | Phone - Work | | Phone - Cell | |
| Email address | | | Gender | Nationality | |
| Street address | | | City / Town | | Postal Code |
| Club / Team | Independent members ignore these two lines | | | | |
| Signature of Club / Team President | | | | | |

Section 2 – General (Recreational) Memberships

| | |
|----------|----------------|
| (Circle) | \$25.00 |
|----------|----------------|

General (Recreational) Members please ignore Section 3 (Licensed Members) and go to Section 4. Coaches, Commissaires and others applying for a technical license only, please go to Section 3 – Licensing Fees – General Members.

Section 3 – Licensed (competitive) Memberships

Applications for a license must be accompanied by proof of age (last year's license or copy of birth certificate, driver's license or other ID that indicates age). Proof of age will not be returned.

Independent riders (who do not belong to a club or team affiliated with BNS) must add **\$10.00** to the license fee.

| Licensing Fees (circle one) | | | |
|---------------------------------|---|----------------|-----------------|
| Race License | MTB Only | Road Only | Combined |
| U13 | All members under 17 will be given a combined license including BMX (see Page 2 for BMX lic). | | \$28.00 |
| U15 | | | \$28.00 |
| U17 | | | \$55.00 |
| Junior | \$79.00 | \$79.00 | \$98.00 |
| U23 | \$79.00 | \$79.00 | \$98.00 |
| Elite | \$95.00 | \$95.00 | \$120.00 |
| Master | \$95.00 | \$95.00 | \$120.00 |
| General Member (Technical Lic). | | | \$25.00 |

| Mountain Bike Skills (Ability Codes) | | | |
|--|-----------|--------|--------|
| (circle one in each X-country, DH, 4X and/or Trials) | | | |
| X Country | Down Hill | 4X | Trials |
| Novice | Novice | Novice | Novice |
| Sport | Sport | Sport | Sport |
| Expert | Expert | Expert | Expert |
| Elite | Elite | Elite | Elite |

| Road Elite Ability Codes (circle one) | | | | |
|---------------------------------------|-------|-------|-------|-------|
| Cat 5 | Cat 4 | Cat 3 | Cat 2 | Cat 1 |

For MTB, where no skill level (ability code) is specified, a license will be issued at sport (beginner) skill level.
All new ROAD applicants above Category 4 (see Road Elite Ability Codes) must be approved by the Road Committee.
For FEMALE U23 ROAD, the UCI category will display Elite.

Section 3 continued – BMX and Technical Licenses

BMX – Bicycle Nova Scotia does not currently offer BMX events. If you are interested in BMX and the formation of a BMX sector within the association, please call the BNS President or call the office – see **Contact Us** on the BNS website www.bicycle.ns.ca. BELOW YOU CAN APPLY FOR A BMX LICENSE so you can race out of province.

Youngsters wishing to enjoy **BMX** can do so with a **Combined License** that covers BMX, Road and MTB – see Page 1

| | | |
|---|--|----------------|
| BMX ONLY – Not Combined with Road and/or MTB | For BMX only, circle \longrightarrow | \$75.00 |
|---|--|----------------|

| | | |
|--|---|--|
| BMX Junior & Older – Combined with Road and/or MTB – Add \$15.00 to the amount circled on Page 1. See Page 5 (Instructions) for an example. | \$15.00 + amount circled on Page 1 = | |
| | Enter total amount here, your remittance to BNS should be this amount \longrightarrow | |

Technical Licenses are provided at no additional charge with a General Membership OR a Racing License.

Please note – In order to Coach within the CCA/BNS framework you must have completed the appropriate level of the NCCP you are applying for. In order to Commissaire at BNS/CCA/UCI sanctioned events you must have completed instructional courses and be qualified through experience for the level you are applying for.

| | | |
|-----------------------|------------------------------------|-----------------------------------|
| Coach | Road NCCP 1 2 3 4 5 (circle one) | MTB NCCP 1 2 3 4 5 (circle one) |
| Commissaire | Road Nat / Prov A B C (circle one) | MTB Nat / Prov A B C (circle one) |
| | Road UCI A B (circle one) | MTB UCI A B (circle one) |
| Manager, etc (circle) | (please specify) | |

Section 4 – Fair Play Code and Spectator Code of Conduct

All BNS members are asked to please read the FAIR PLAY and SPECTATOR CODES of CONDUCT. On page 4 you will be asked to sign that you understand and agree with these two initiatives.

FAIR PLAY CODE

RESPECT at all times for participants, coaches, instructors, officials, team-mates, spectators, opponents, administrators and volunteers.

SPORTSMANSHIP prior to, during and following the activity, demonstrating modesty in victory and composure in defeat.

KNOWLEDGE of all rules, whether written or unwritten, and following the spirit of the rules.

ACCESS for all to participate, regardless of age, gender, race or skill level.

PARTICIPATION in a manner that demonstrates more than just the desire to win. Having fun, making friends, improving skills and performing your personal best must be just as important when participating.

SPECTATOR CODE of CONDUCT

I recognize, value and affirm the inherent dignity and the equal rights of all members of the human family. An individual's conduct must be bound by the law, respect for property, and by the rights of others to enjoy the sport.

THEREFORE

I recognize that participants play sport for their own enjoyment as well as that of spectators. I will respect the officials' decisions and encourage others to do the same. I will not participate in violence, racism, sexism or any other unacceptable behavior.

THIS IS A "ZERO" TOLERANCE ORGANISATION.



2010 Waiver, Release and Indemnity

I understand and agree that my participation in events, programs, races or activities organized, operated, conducted and/or sanctioned by the Canadian Cycling Association and/or Provincial Associations and various CCA Clubs and Members registered with the CCA is conditional upon my execution of this document.

- 1 I am aware that cycling, and in particular competitive cycling, endurance and BMX racing, involves the possibility of injury and death.
- 2 I accept these risks, and all others arising from these events and programs, even if arising from the negligence, gross negligence or negligent rescue by those associated in any way with the Canadian Cycling Association events and programs I may be involved in, the venues at which these events and programs take place, or by those organizing, officiating, or participating in, or sponsoring these events and programs throughout the year, including their respective officers, directors, employees, agents, volunteers and representatives (the "Releasees").
- 3 I understand that all applicable rules for participation must be followed and that the **SOLE RESPONSIBILITY FOR MY PERSONAL SAFETY REMAINS WITH ME**, including my physical and emotional preparation and fitness to participate in all events and programs throughout the year
- 4 I undertake and agree to remove myself from participation if I sense or observe any unusual hazard or unsafe condition, of if, at any time, at any event or program, I feel unable or unfit to safely continue for any reason.
- 5 I give a **FULL RELEASE AND WAIVER OF LIABILITY AND ALL CLAIMS** that I have, or may have in the future, against the Canadian Cycling Association, and all other Releasees from all liability for any loss damage, injury or expense that I may suffer as a result of my participation in any part or parts of the events or programs or my presence at any venue at which they may take place, due to any cause whatsoever including the forms of negligence set forth in paragraph 2 above or from any breach of contract or statutory duty or other duty of care including any duty of care owed under the relevant Occupier's Liability Act, on the part of the Releasees.
- 6 I **AGREE NOT TO SUE** and I further agree **TO INDEMNIFY AND SAVE HARMLESS** the Releasees from all expenses, liability or damage award or cost of any type whatsoever arising from my participation in these events or programs. I **HAVE READ AND UNDERSTOOD THIS WAIVER, RELEASE AND INDEMNITY**. I am aware that by signing this agreement I am waiving substantial legal rights (on my behalf and on behalf of my heirs, executors, administrators and next of kin), including the giving up of my right to sue.

NAME (please print) _____

SIGNATURE _____ DATE _____

For members 18 and under, a parent or guardian must sign.

PARENTAL CONSENT FOR MINOR PARTICIPANT and INDEMNITY AGREEMENT

I have read and understand the above waiver, release and indemnity, and have discussed the same with the minor person signing above. I am satisfied the said minor understands the waiver and release and his/her obligations as set out. In consideration of the participation of my minor child/ward I too agree to waive, release and indemnify the Releasees in the terms set out above. I am aware that by signing this agreement I am waiving substantial legal rights, which my minor/ward and I, our respective heirs, executors, administrators and next of kin may have against the Releasees.

SIGNATURE _____ DATE _____



Section 6 – Declaration (Applies only to Competitive Members – General Members please go to Section 7)

DECLARATION

- 1 I hereby declare that I am aware of no reason why I should not be issued with the license / membership requested.
- 2 I declare that I have not applied for a license for the same year to the UCI or to any other National Federation.
- 3 I assume exclusive liability for this application and for the use that the UCI shall make of the license
- 4 I hereby undertake to respect the Constitution and Regulations of the International Cycling Union, its Continental Confederations and its National Federations.
- 5 I shall participate in cycling competitions or events in a fair and sporting manner. I shall submit to disciplinary measures taken against me and shall take any appeals and litigation before the authorities provided for in The Regulations. With that reservation, I shall submit any litigation with the UCI exclusively to the tribunals at UCI headquarters.
- 6 Should I participate in a cycling race where a drug test is conducted under the UCI Drug Test Regulations and the CCES regulations, I agree to submit to a drug test
- 7 I agree that the results of the analysis may be made public and communicated in detail to my club / team / trade team or to my paramedical assistant or doctor
- 8 I undertake to submit any protests concerning drug abuse to the “Court of Arbitration for Sport” (CAS) whose decision I shall accept as final.
- 9 I accept that all urine samples taken shall become property of the UCI which may have them analyzed especially for the purposes of health protection research and information
I agree that my doctor or the doctor of my club, team or trade team may, on request from the UCI or the CCES, communicate to them a list of any medicines I took and treatment I underwent before any given competition
- 11 I accept the conditions regarding blood testing and accept to undergo blood test.

Section 7 – Agreements and Signatures

| |
|--|
| <p>General (Recreational) Members – My signature below indicates that I HAVE READ and UNDERSTAND the FAIR PLAY and SPECTATOR CODES of CONDUCT and that I am applying for BNS general membership.</p> |
| <p>Licensed Members – My signature below indicates that I HAVE READ and UNDERSTAND the FAIR PLAY and SPECTATOR CODES of CONDUCT and the UCI / CCES DECLARATION and that I am applying for BNS/CCA/UCI licensed membership.</p> <p>Be sure to include proof of age: last year’s license, copy of birth certificate, driver’s license, or any legal document showing your age. Copies will not be returned.</p> |

NAME (please print) _____

SIGNATURE _____ DATE _____

| |
|---|
| <p>Please mail all four (4) pages correctly signed along with a cheque or money order to:</p> <p>Bicycle Nova Scotia 5516 Spring Garden Road, 4th Floor HALIFAX, NS B3J 1G6</p> <p>DO NOT SEND CASH</p> |
|---|