



2009 Athlete/Coach/ Grass Roots Training Assistance Program  
Guidelines & Application Form

**Purpose:** To provide financial assistance to Nova Scotia amateur athletes, and coaches seeking competitive and training opportunities.

**Eligibility:** Athletes must be competitive at the provincial level or have national level potential. Athletes training for Canada Games or provincial teams may also be considered.

Athletes must, if eligible, be willing to compete for Nova Scotia at Canada Games, National and Atlantic competitions.

Athletes/Coaches/Officials must be residents of Nova Scotia and have a permanent fixed address in Nova Scotia in the funding year. Athletes/coaches must be members in good standing of BNS holding a valid CCA race license or have relevant NCCP levels in the discipline of Mountain Bike or Road.

Athletes must be currently training, and continue to train, in Nova Scotia. Exceptions may be made providing the athlete can substantiate (in writing) that:

- He/she cannot receive the required level of training in NS due to lack of facilities, coaching, competition, etc.
- He/she must attend a post-secondary institution out-of-province because:
  - the course of study is not available in NS, or
  - it is more financially feasible to attend a post-secondary institution out-of-province.

Athletes carded by Sport Canada Athlete Assistance Program or attending U.S. Colleges/Universities on full or part-time scholarships are not eligible.

Athletes must be attending an educational institution on a full-time basis. Exceptions may be made providing the athletes can substantiate (in writing) that his/her training program will no allow him/her to attend school full-time

**Value of Awards:** Eligible expenses are limited to travel, race entry, and accommodation. Value of award will be based on the number of applications received will be up to a maximum of \$500 per event.



**Deadline:** Applications must be received by April 30, 2009, please submit application to the BNS office C/O Tamara Stephen ([staff@bicycle.ns.ca](mailto:staff@bicycle.ns.ca)) or Mark Collins (Athlete@bicycle.ns.ca)

**Selection:** Applications will be reviewed by the BNS Athlete Development committee and recommendations approved by the executive, and successful applicants will be notified soon after. Successful applicants are required to submit receipts and a detailed account of actual expenses within two weeks of the event/course.

**Conditions:** Athletes must currently be training and continue to train upon receipt of the award. Violation of the program's guidelines, terms and conditions may result in forfeiture of the award.



**BICYCLE  
NOVA SCOTIA**

**BASIC INFORMATION:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone Number(s): (h): \_\_\_\_\_ (w) \_\_\_\_\_ (c) \_\_\_\_\_

Email Address: \_\_\_\_\_

Race Category/Coaching Level: \_\_\_\_\_

**EVENT/COURSE INFORMATION:**

Event(s): \_\_\_\_\_

Date(s): \_\_\_\_\_

Location(s): \_\_\_\_\_

**BUDGET INFORMATION:**

<b>Expense</b>	<b>Details</b>	<b>Amount</b>
Travel		\$
Race Entry/ Course Fee		\$
Accommodation		\$
<b>Total</b>		\$



Please answer the following questions regarding your performance goals, and the rationale behind the suitability of the event/course for your development as a high performance athlete, coach, or Grass Roots program.

1. Describe your performance objectives for the current and upcoming racing seasons, or your coaching/grass roots program objectives.

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2. Describe how the competition/course in question will help you reach your objectives.

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3. Describe any competitions of a provincial/national/international caliber in which you have competed over the past two years, including your results, or any competitions you have attended as a coach or athlete

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4. Please identify any other direct financial supporters of your goals.

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5. Describe your community involvement/contribution to the development of the sport.

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